

ASK THE BEAUTY EDITORS



Treat coarse hair before winter arrives

Compiled by Jessica Hough. Photograph by Mitchell Sams. Still lifes by Full Stop Photography. Head shots by Tommy Clarke

Q My hair feels really coarse. How can I make it softer? **Sarah, 31**



CASSIE SAYS: After months of sun damage, it's no wonder our locks are dried out, so start treating them before winter kicks in. Irons are great for a super-sleek finish but you tend to lose all the volume.

Instead, I've started using Vidal Sassoon's Tangle Free Hot Air Styler, £12.99. It gives my hair lots of body without the dreaded wisps. If you're using heated tools regularly though, a serum is a must. Ojon Damage Reverse Instant Restorative Hair Serum, £22, is as nourishing as a hair oil, but much easier to use. Rub a few drops between your hands and run through hair to protect it before blasting with heat – it's the only product that gives me proper shine without oiliness.

Q There are so many skin serums available – which one does it all? **Lucy, 33**



JESS SAYS: The beauty buzz right now is all about multitasking skincare and my new addiction is Clarins Vital Light Serum, £56,

which lessens lines, fades pigmentation and brightens skin. It's formulated with hexylresorcinol, four times as effective as hydroquinone, which dermatologists prescribe to brighten. I can already see the improvements after a month.



PRO TIP *Mix your foundation with face oil for dewy skin and a youthful sheen.* **GUCCI WESTMAN**, global artistic director for Revlon

Q Is it true that lipstick can make my teeth look whiter? **Jenna, 28**



LISA SAYS: Yes, the tone of a lipstick can give teeth a brightening boost. Avoid orangey reds

– they'll bring out any yellow – and opt for a bright pink with blue tones, like this Rimmel one (right), to make your pearly gleam. Also, this month Bourjois launches its Smile Enhancing Glosses, £8.99. One end's a glittering gloss and the other an instant teeth whitening treatment. Join the queue now.



Rimmel London The Lipstick Collection By Kate in 2 **£5.49**



Benefit They're Real! mascara **£18.50**

Q How do I get thick lashes without having to wear falsies? **Erin, 35**



SUSANNA SAYS: If you don't want to spend time fiddling with falsies or committing to semi-permanents, check

out Revlon's new Grow Luscious Plumping Mascara, £9.99. It conditions lashes and claims to plump them up by 200 per cent. After trying it on a night out, I'm a convert. Also worth a try is They're Real! Mascara, £18.50, by Benefit. Sweep through your lashes with the wand as usual, then go back over each one with the specifically-designed round tip to make them really stand out.

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